

# DECEMBER 2004

Substitutions may be required  
to ensure a nutritious meal.

**December 6**  
Fruit Juice  
BBQ PORK CHOPS  
Baked beans  
Broccoli Cuts  
Cracked Wheat Roll  
Milk

**December 13**  
CHINESE CHICKEN  
Rice  
Green Beans  
Soy Sauce & Fortune Cookie  
Pear Salad  
WW Bread  
Milk

**December 20**  
Fruit Juice  
MACARONI & CHEESE w/HAM  
Peas  
Carrots  
WW Bread  
Milk

**December 27**  
CHICKEN CASSEROLE  
Broccoli  
Tossed Salad  
Fruit Crisp  
WW Bread  
Milk

**December 7**  
MEATLOAF w/GRAVY  
Mashed Potatoes  
Parslied Carrots  
Fruit Crisp  
WW Bread  
Milk

**December 14**  
SPAGHETTI w/MEAT SAUCE  
Peas  
Carrots  
Oatmeal Cookie  
Texas Toast  
Milk

**December 21**  
CHICKEN FRIED STEAK  
Mashed Potatoes w/Gravy  
Green Beans  
Fruit  
Cracked Wheat Roll  
Milk

**December 28**  
Fruit Juice  
CRISPY FISH FILLET  
w/Tartar Sauce  
Au Gratin Potatoes  
Calif Mixed Veg  
Corn Bread  
Milk

**December 1**  
CORNED BEEF & CABBAGE  
w/MUSTARD  
Carrots  
Mashed Potatoes  
Pears  
WW Bread  
Milk

**December 8**  
SWEDISH MEATBALLS  
w/gravy  
Parslied Whole Potatoes  
Peas and Carrots  
Tossed Salad  
WW Bread  
Milk

**December 15**  
BAKED CHICKEN BREAST PATTY  
Gravy  
Mashed Potatoes  
Green Beans  
Cottage Cheese & Pineapple Salad  
WW Bread  
Milk

**December 22**  
OVEN FRIED CHICKEN  
Cheese Potatoes  
Beets  
Carrot/Raisin & Pineapple Salad  
WW Bread  
Milk  
\*\*\*Roast Beef-Star and Kuna

**December 29**  
Fruit Juice  
PORK ROAST w/gravy  
Steamed Cabbage  
Carrots  
WW Bread  
Milk

**December 2**  
TUNA SALAD  
Coleslaw  
Carrot/Raisin Salad  
WW Bread  
Milk

**December 9**  
Fruit Juice  
OVEN FRIED CHICKEN  
Mashed Potatoes  
Green Beans  
WW Bread  
Milk

**December 16**  
BBQ BEEF SANDWICH  
Baked Beans  
Mixed Vegetables  
Coleslaw  
WW Bread  
Milk

**December 23**  
Fruit Juice  
ROAST BEEF w/GRAVY  
Whipped Potatoes  
Scandinavian Mixed Veggies  
Cake  
WW Bread  
Milk

**December 30**  
Fruit Juice  
LASAGNA  
Peas  
Carrots  
Texas Toast  
Milk

**December 3**  
SALISBURY STEAK w/GRAVY  
Mashed Potatoes  
Scandinavian Mixed Vegetables  
Fruit  
Cracked Wheat Roll  
Milk

**December 10**  
HOT TURKEY SANDWICH  
Mixed Vegetables  
Mashed Potatoes/Gravy  
Cranberry Sauce  
WW Bread  
Milk

**December 17**  
**All-Staff Meeting**  
**No Meal Delivery**

**December 24**  
**Christmas**  
**Holiday**

**December 31**  
**New Year's Holiday**